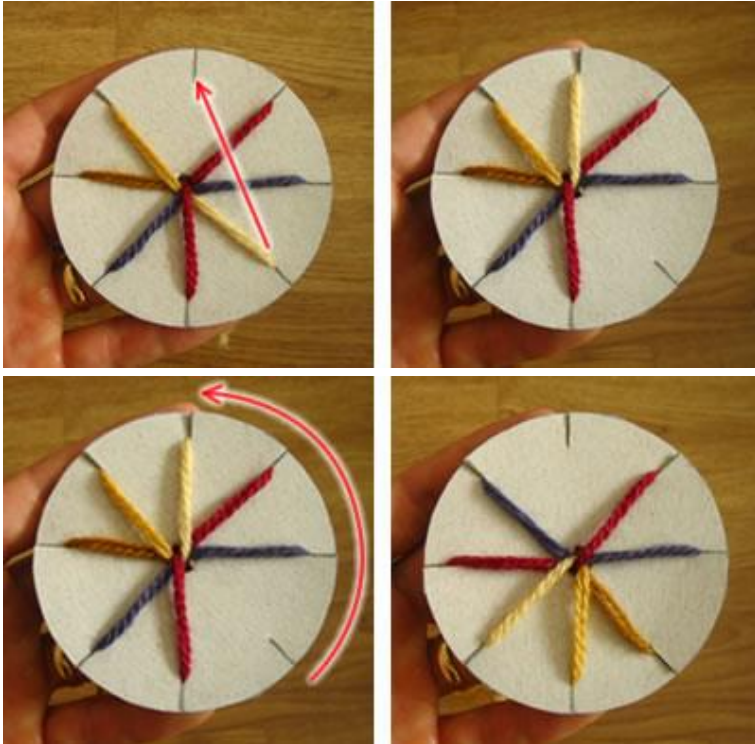


How to make an Anglo Saxon Braid



Position the disc so the empty slot is at the top (12 o'clock).
Move the third thread down into this empty slot

Turn the disc around anti-clockwise, so the empty slot is at the top again.

Keep repeating the last two steps.

Tip: run your fingers through the ends of your threads every few turns to ensure they don't get tangled.

Tip: every so often, gently pull down the knotted end as your braid builds up.

Keep going until you are happy with the length of your braid. To finish, tie the braiding end into a knot. Trim the loose ends.

To wear it, ask a friend to carefully tie the bracelet in a knot around your wrist or make a second knot close to the first knot using the gap as a fastener.

